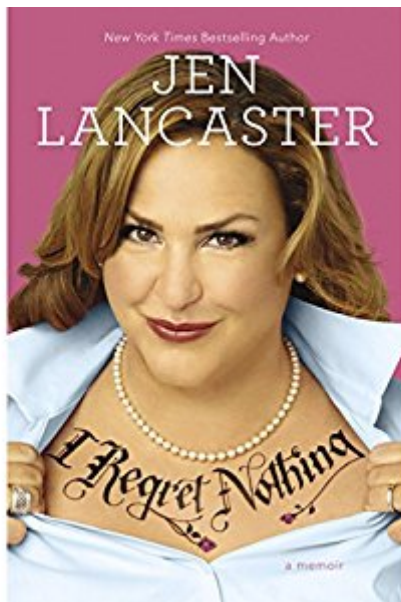


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# I Regret Nothing: A Memoir



## Synopsis

New York Times best-selling author Jen Lancaster has lived a life based on reinvention and self-improvement. From *Bitter Is the New Black* to *The Tao of Martha*, she's managed to document her (and her generation's) attempts to shape up, grow up, and have it all - sometimes with disastrous results.... Sure, Jen has made mistakes. She spent all her money from a high-paying job on shoes, clothes, and spa treatments. She then carried a Prada bag to the unemployment office. She wrote a whole memoir about dieting...but didn't lose weight. She embarked on a quest for cultural enlightenment that only cemented her love for John Hughes movies and Kraft American Singles. She tried to embrace everything Martha Stewart while living with a menagerie of rescue cats and dogs. (Glitter...everywhere.) Mistakes are one thing; regrets are another. After a girls' weekend in Savannah makes her realize that she is - yikes! - middle-aged (binge watching is so the new binge drinking), Jen decides to make a bucket list and seize the day, even if that means having her tattoo removed at 100 times the cost of putting it on. From attempting a juice cleanse to studying Italian, from learning to ride a bike to starting a new business, and from sampling pasta in Rome to training for a 5K, Jen is turning a midlife crisis into a midlife opportunity, sharing her sometimes bumpy - but always hilarious - attempts to better her life...again.

## Book Information

Audible Audio Edition

Listening Length: 9 hours and 56 minutes

Program Type: Audiobook

Version: Unabridged

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Whispersync for Voice: Ready

Language: English

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Best Sellers Rank: #164 in Books > Audible Audiobooks > Humor > Essays #396 in Books > Humor & Entertainment > Humor > Love, Sex & Marriage #744 in Books > Humor & Entertainment > Humor > Essays

## Customer Reviews

This isn't my favorite Jen Lancaster novel, but I still laughed at parts of it. As she's grown up and matured I feel like her life is less funny (good for her!), but rather amusing. I'll still be loyal to her and

keep buying her books though, as I think she's talented. And like I said, still amusing!

Despite being disappointed by Jen's last two memoirs, but I've loved her from the moment I read "Bitter is the New Black" and I'm NOT a fair-weather fan. So, I was pleasantly surprised that her new book was able to reflect the old immature Jen (who I feel like I know and love) mixed with the new mature, non-annoying amount of Jen (who I've found to be overly smug & preachy in the past few books). She got it right this time and I'm honestly relieved. I bought the audiobook, because I have an audible subscription and love to listen to memoirs read by their author's - makes me feel like I'm having a long chat with an old friend. I'm a little bit younger than Jen (36 to her mid-forties), but I found myself relating to a lot of the things she's was talking about - primarily creating a bucket list, losing weight, drawing a distinction between social media and real life, and the secrets to a happy marriage. I can't relate to the not having kids part, but I DO have a pit bull and a penchant for cake, so I think that works. I highly recommend the audiobook - which Jen reads, as it really helps you grasp the inflection and intonation of Jen's acerbic and witty sense of humor. I'm glad I can safely call Jen Lancaster one of my favorite authors again.

I loved this book. Even my husband read it and seemed to enjoy it! Lancaster has a keen eye and ear for conversations and observations. Her snark meter is finely tuned, and she can make a book move quickly. Enjoyable reading, as always. It's nice to laugh in between the heavier reading I do. And she did make me laugh out loud at different passages.

Jen Lancaster is one of my favorite authors, but this book just didn't do it for me like her other books have. She's still funny, and still completely ridiculous, but normally I can't put her books down and this one took me weeks to finish. Maybe because her books are all kind of the same they're starting to become monotonous, but I'll be back for her next one regardless.

I am still looking for that first high. Loved the first book so much that I keep buying the memoirs hoping. Hasn't happened; I definitely did not dislike the book, it was just ok. Better than some of the previous ones..

Jen Lancaster is back, and she's funnier than ever! While I have found many of Lancaster's newer memoirs to be repetitive and contrived, I found her newest to be heartfelt, inspiring, and hilarious. When I finished the book, I found myself wanting to make a bucket list--and maybe frame some

quotes too.

I was disappointed by this last book, it was a little too introspective for me. I love all Jens books but this one just seemed to focus on her coming to terms with being middle aged. It did make me laugh a little but not as much as it usually does. I thought the Tao of Martha was hilarious book and I'm sure the next will be too

If you've never read Jen Lancaster, don't start with this book. I love Jen Lancaster - and have read all of her books - and normally rate her books with a 4 or 5. In my opinion, "I Regret Nothing" was good, but not great. Perhaps simply because there were less gut-busting laugh out loud moments? At any rate, if you're new to Jen Lancaster, I would start with "Bitter is the New Black" or "Such a Pretty Fat."

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